



CONTACT ASYLUM HELP

Have you claimed or are you intending to claim asylum in the UK?

We provide an independent advice service for information and guidance to help you understand the asylum process, and get assistance when you need it from experienced advisers. Asylum Help is free of charge, and available to anyone entering the UK and applying for refugee status, or who has had refugee status refused.

For further information contact our Asylum Helpline, visit our website www.asylumhelpuk.org or pick up a Claiming Asylum Leaflet.

Phone Asylum Helpline (advice) for independent advice, information and guidance:

Albanian	0808 8000 620
Amharic	0808 8000 622
Arabic	0808 8000 624
Bengali	0808 8000 626
Chinese Mandarin	0808 8000 628
English	0808 8000 630
Farsi	0808 8000 632
French	0808 8000 634

Punjabi	0808 8000 636
Pashtu	0808 8000 638
Somali	0808 8000 640
Tamil	0808 8000 642
Tigrinya	0808 8000 644
Urdu	0808 8000 646
Vietnamese	0808 8000 648

If none of the languages you need are here, call Asylum Help on: 0808 8000 630 and ask for an interpreter in your language.



Migrant Help Registered Charity no. 1088631
England and Wales and SCO41022 in Scotland.

part of the migrant help organisation.